



HAWAII COURT REPORTERS & CAPTIONERS ASSOCIATION

# HO`OMUA

*"To Push Forward"*

*A publication of the Hawaii Court Reporters  
and Captioners Association*



*The Hawai'i Court Reporters and  
Captioners Association (HCRCA) is a  
non-profit professional organization  
founded for the purpose of promoting  
excellence in court reporting in the state  
of Hawai'i. Ho`omua is published by  
HCRCA, P.O. Box 4681  
Honolulu, Hawai'i 96812*

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**VISIT HCRCA's website:**  
[www.hawaiicourtreportersassociation.com](http://www.hawaiicourtreportersassociation.com)

## President's Message

It's hard to believe another year has gone by. Where does the time go? As I get younger (ha, ha) I get less accomplished in a given period of time, am less organized, more messy (I say more because I always have been), and still have the idea that my body can do everything my mind wants it to do. Whatever happened to my youth?

Your association's efforts to have our rules amended to give CSRs the authority to administer oaths without the necessity of becoming a notary are still pending. The matter was presented to Justice Paula Nakayama. She has forwarded our petition on to the Judiciary's staff attorney for analysis. We are awaiting word on its progress and will keep you informed.

Another issue brought to Justice Nakayama's attention was our request to have attorneys held responsible for court reporting bills. We received word that the Judiciary considered that the matter of contracts between attorneys and court reporters is a private contract and that the court wouldn't and shouldn't get involved. We are at this time considering the possibility of approaching the legislature by way of a lobbyist and will keep you informed.

If you are not aware, things are heating up in California. Assembly Bill 1462, co-sponsored by the California Court Reporters Association and Deposition Reporters Association, is a bill designed to require all entities doing business in California to abide by the same laws that individual licensees are bound by including gift-giving limitations, minimum transcript formatting guidelines, etc. Seems some

*(Continued on Page 2)*

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**PRESIDENT'S MESSAGE**

(continued from page 1)

large national agencies are wooing clients with expensive gifts. Paste [www.cal-ccra.org/CCRAonline.htm](http://www.cal-ccra.org/CCRAonline.htm) into your browser, download the April issue, and check out the “Tug-of-War” article.

A new development in our Association is the introduction of an “HCRCA Reporter of the Year Award.” We want to encourage people:

- To be active in their association
- To take an interest in practices that affect the reporting profession
- To volunteer for services, such as fundraising, RPR exams, etc.
- To pursue extra-professional interests: run a marathon, learn to play the piano
- To mentor a reporter on line
- To mentor a child

...and the list goes on. In the future you will be receiving a nomination form for the HCRCA Reporter of the Year Award, and we ask your participation in nominating worthy candidates. A selection panel will choose the most worthy nominee, and the award will be presented at our next annual meeting.

*To err is human; to forgive is divine. Don't harbor grudges. You'll live a better life!*

Aloha!

*Lou Carnazzo, HCRCA President*

**HCRCA suggests a visit to the following websites:**

**Our Official Website:**

<http://www.hawaiicourtreportersassociation.com>

National Court Reporters Association <http://www.ncraonline.org/>

California Deposition Reporters Association <http://www.caldra.org/>

California Court Reporters Association <http://www.cal-ccra.org/>

# Available Soon!

Advertise with HCRC  
in Ho`omua  
and on our website

For details, contact our webmaster and newsletter editor Valerie Mariano Swiderski at [valerie.swiderski@gmail.com](mailto:valerie.swiderski@gmail.com).

*This space could be yours!*

**LAST CHANCE TO ATTEND**  
**HCRCA Annual Seminar**

*Saturday, May 16<sup>th</sup>, 2009 & Sunday, May 17<sup>th</sup>, 2009*

**Saturday, May 16<sup>th</sup>, 2009**

*Outrigger Waikiki Hotel, 2335 Kalakaua Avenue, Honolulu, Hawai`i*

- 7:45 a.m. Registration at Outrigger Waikiki
- 8:15–9:45 Session 1: Privacy and ID Theft – Christopher Young, Esq., Deputy Attorney General, Criminal Justice, Division State of Hawaii (.15 CEUs)
- 9:45 – 10:00 Break
- 10:00-11:00 Session 2: Hip and Knee Replacement – Thomas Kane, M.D., Orthopedic Associates, Queen's Joint Replacement Center (.1 CEUs)
- 11:00-11:30 2008-2009 Annual Meeting and Election
- 11:30 – 12:30 Lunch at Duke's
- 12:30 – 2:00 Session 3: Trivia/Spelling/Vocabulary Challenge, Kathy Pearson/Valerie Swiderski (.15 CEUs)
- 2:15 – 3:45\* Session 4 (1<sup>st</sup> segment): Stenocast, realtime technology \*This a 3-hour presentation. You must be present for both segments to earn your .3 CEUs.
- 3:45 – 4:00 Break
- 4:00 – 5:30\* Session 4 (2<sup>nd</sup> segment): Stenocast, realtime technology \*This a 3-hour presentation. You must be present for both segments to earn your .3 CEUs

**Sunday, May 17<sup>th</sup>, 2009**

*Pacific Aviation Museum, Pearl Harbor, Hawai`i*

- 9:00 a.m. Registration at USS ARIZONA Memorial
- 10:00 – 12:30 Session 5 Pacific Aviation Museum, Ford Island, Pearl Harbor, Docent-led Lecture and Tour (.25 CEUs) <http://www.pacificaviationmuseum.org/>



Earn .95 CEUs



## HCRCA Annual Seminar REGISTRATION FORM

**Saturday, May 16<sup>th</sup> & Sunday, May 17<sup>th</sup>, 2009**

*Saturday at Outrigger Waikiki  
Sunday at Pacific Aviation Museum*

*Saturday Only, May 16<sup>th</sup>*

HCRCA Members. . . . . **\$150.00**

Non Members. . . . . **\$175.00**

*Saturday & Sunday, May 16<sup>th</sup> & 17<sup>th</sup>*

HCRCA Members. . . . . **\$175.00**

Non Members. . . . . **\$205.00**

*Sunday, May 17<sup>th</sup> Guests..\$30.00*

*Join HCRCA Now!! . . . . . \$75.00*

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

HAWAII CSR #: \_\_\_\_\_ RPR#: \_\_\_\_\_

# ATTENDING: \_\_\_\_\_ CHECK ENCLOSED: \$ \_\_\_\_\_

**MAIL TO: Hawaii Court Reporters and Captioners Association  
P.O. Box 4681  
Honolulu, Hawai`i 96812**



# Laughter As Medicine

Presented by Valerie Mariano Swiderski

## Important Information About Chocolate

### **Nutrition:**

Chocolate is derived from cocoa beans. Beans are vegetables. Therefore, chocolate is a vegetable. Additionally, sugar is derived from either sugar cane or sugar beets. Both are plants, which places them in the vegetable category, placing chocolate firmly in the vegetable category. Furthermore, chocolate contains milk, which is a dairy product, making chocolate a health food. Chocolate-covered raisins, cherries, strawberries, and orange slices all count as fruit. What a great way to get your five servings a day!

**Diet tip #1:** Eat a chocolate bar before each meal. It will take the edge off of your appetite, and you'll eat less.

**Diet tip #2:** A nice box of chocolates can provide your total daily intake of calories all in one place. Now, isn't that handy?

**Anti-aging:** Chocolate has many preservatives. Preservatives make you look younger.

### **Hygiene:**

If you've got melted chocolate all over your hands, you're eating it too slowly.

### **Organization:**

Put "eat chocolate" at the top of your list of things to do today. That way you'll at least get one thing done.

### **Economics:**

If not for chocolate, there would be no need for control top pantyhose. An entire garment industry would be devastated. It's your civic responsibility not to let that happen.

### **Problem Solving:**

Q. How does one get two pounds of chocolate home from the store in a hot car in the middle of the summer?

A. Eat it in the parking lot.

And shall we muse on this age-old question: If I eat equal amounts of dark chocolate and white chocolate, is that a balanced diet?

## HCRCA CLASSIFIEDS

To post an ad, contact the newsletter editor at [valerie.swiderski@gmail.com](mailto:valerie.swiderski@gmail.com) with "HCRCA ad" in the subject line. Categories include Equipment for Sale, Equipment Needed, Position Available, Position Wanted, Software for Sale, Software Needed.\*

**POSITION WANTED:** Scopist Extraordinaire! Do you write perfect notes? Do you have zero untranslates, including chemical formulas? Do you have three finger-spelling alphabets? If you do, you don't need me...but if you don't, I'm available! Recently retired reporter with 30 years' experience in Hawaii wants to scope so you can reclaim your life. Case Catalyst software. Quick, accurate turnarounds a specialty. Call Madeline at (808) 226-6971 or e-mail at [mgable@hawaii.rr.com](mailto:mgable@hawaii.rr.com).

**POSITION WANTED:** Scopist available. Seven years' experience. Finished court reporting school and qualified for the CSR. Will scope up to 20 pages to show quality of work and quote accurate page rate. Contact K. Tolbert [stenocatscopist@cox.net](mailto:stenocatscopist@cox.net) or visit <http://www.angelfire.com/pro/scoping>

**POSITION WANTED:** Fifteen-year veteran RPR and Hawai'i and California CSR seeks work as scopist due to repetitive stress injury. Specializes in medical/technical testimony. Excellent referrals upon request. Uses Case Catalyst. Contact [valerie.swiderski@gmail.com](mailto:valerie.swiderski@gmail.com)

**New! POSITION WANTED:** Senior Scoping: StenoCAT 32. Full audio with InSync. \$.90 page rate with discounts available. Thorough research, results sent to you with completed job. References available. [seniorscoping@gmail.com](mailto:seniorscoping@gmail.com).

**POSITION AVAILABLE:** Freelance reporter position available. Realtime capable preferred Carnazzo Court Reporting Company. Contact [lcarnazzo@carnazzo.com](mailto:lcarnazzo@carnazzo.com)

**New! EQUIPMENT FOR SALE:** 2 Sony cassette tape recorders with auto reverse and 2 speeds for recording with power cord; 1 Sony external microphone for recording; all equipment in good working condition. Asking \$150 for all three. Contact Priscilla: (808) 381-9045 or [pelekila@hawaii.rr.com](mailto:pelekila@hawaii.rr.com)

**EQUIPMENT FOR FREE!!:** Paper tray for Stenura 8000 - FREE. contact Jean at [mcmanusj003@hawaii.rr.com](mailto:mcmanusj003@hawaii.rr.com).

**EQUIPMENT FOR SALE:** Used *SmartWriter*, product # 23113, with tripod, soft canvas carrying case, new batteries, ink, charger, manual, paper tray, 3 floppies. Works fine. Weighs 17 lbs. \$550 OBO. Same model sells for \$895 elsewhere. Photos sent on request. Calculate shipping from zip 92084. San Diego area, available for pick-up or shipping (u-pay). Contact Cara Friemann at (760) 726-7656 or [cmf244@nyu.edu](mailto:cmf244@nyu.edu) Serious enquiries only!!

**EQUIPMENT FOR SALE:** Case of 33 sealed unnumbered *Pengad recycled writer paper pads* for \$20. Weighs 29 lbs. Calculate shipping from zip 92084. San Diego area, available for pick-up or shipping (u-pay). For shipping paper, use Media Mail USPS for cheapest cost. Contact Cara Friemann at (760) 726-7656 [cmf244@nyu.edu](mailto:cmf244@nyu.edu) Serious enquiries only!!

**EQUIPMENT WANTED:** I need an older printer with parallel ports that will run through DOS, preferably LaserJet I, II, III, or IV, that will work with TURBOCAT. Contact Vicki Kite at [spiritsong34235@yahoo.com](mailto:spiritsong34235@yahoo.com).

**PER DIEM COURT REPORTERS NEEDED:** U.S. District Court, District of Hawaii. For details please call Debra Chun, Court Reporter Supervisor, at (808) 534-0667. UNITED STATES DISTRICT COURT, DISTRICT OF HAWAII, 300 ALA MOANA BLVD. RM. C-338, HONOLULU, HI 96850

**VOLUNTEERS NEEDED:** Hawaii CSRs to serve on the HCRCA Board of Directors and special committees. [lcarnazzo@carnazzo.com](mailto:lcarnazzo@carnazzo.com)

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**HAWAII COURT REPORTERS AND CAPTIONERS ASSOCIATION**

# Membership Renewal

Professional Membership.....\$75.00

Associate Membership.....\$45.00  
(Scopists, Proofreaders, etc.)

Student Membership.....\$35.00

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

HAWAII CSR #: \_\_\_\_\_ RPR#: \_\_\_\_\_

CHECK ENCLOSED: \$ \_\_\_\_\_

**MAIL TO:**

**Hawaii Court Reporters and Captioners Association  
P.O. Box 4681  
Honolulu, Hawai`i 96812**



# Tech Savvy

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HCRCA would like to thank Priscilla Gonzaga for the following material.

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## The Difference Between HTTP and HTTPS

Many people are unaware of the main difference between [http://](#) and [https://](#). It's all about keeping you secure.

**HTTP** stands for HyperText Transport Protocol, which is just a fancy way of saying it's a protocol (a language, in a manner of speaking) for information to be passed back and forth between web servers and clients.

The important thing is the letter **S** which makes the difference between **HTTP** and **HTTPS**. The **S** (big surprise) stands for "Secure".

If you visit a website or webpage and look at the address in the web browser, it will likely begin with the following: [http://](#). This means that the website is talking to your browser using the regular 'unsecure' language. In other words, it is possible for someone to "eavesdrop" on your computer's conversation with the website. If you fill out a form on the website, someone might see the information you send to that site.

**This is why you never ever enter your credit card number in an [http](#) website!**

But if the web address begins with [https://](#), that basically means your computer is talking to the website in a secure code safe from eavesdropping.

If a website ever asks you to enter your credit card information, you should automatically look to see if the web address begins with [https://](#). If it does not, **never** enter sensitive information like a credit card number.

*A word of caution from HCRCA: Nothing in cyberspace is 100% safe from a highly skilled and determined hacker. **Always** keep virus software updated. **Never** enter sensitive information in a "reply" response to an email from a bank or other institution. **Always** go to their website directly and log in using your secure login ID and password. And always check for the **S**.*

Now you know.



## Brain Teaser

*Correct answers will be published in next quarter's Ho`omua, Summer 2009. Or visit our website at [www.hawaiicourtreportersassociation.com](http://www.hawaiicourtreportersassociation.com).*

### IN THE KNOW:

#### SITUATION:

An important client comes into your office to have a document notarized. Before he arrives, your boss takes you aside. "Now, this is an important client, and we don't want to upset him," the boss says. "So I don't want you inconveniencing him by asking him for ID or anything." What do you do?

#### Answer

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### QUIZ QUESTION:

#### Social Insecurity

#### A Social Security card:

- Is acceptable as a form of signer ID because it's issued by the U.S. government.
- Is an acceptable ID if the signer is accompanied by two witnesses.
- Can only be used as ID by signers age 65 years or older.
- Should never be used to identify a signer.

#### Answer



**HAWAII COURT REPORTERS & CAPTIONERS ASSOCIATION**

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## **Board Member Nomination Form**

HCRCA is seeking volunteers and nominees for the **2009-2010 Board of Directors**. Applicants and nominees must be CSRs licensed by the State of Hawai'i and **current members in good standing of HCRCA**. *You may nominate yourself.* If you are nominating someone else, please make sure they meet the licensing requirement and are willing to serve. In an effort to establish continuity of leadership, we are **staggering terms of office** for the president and one official and one freelance director. The *one-year terms of office are for this election cycle only* and will revert to two-year terms thereafter.

PRESIDENT:  
(one-year term) \_\_\_\_\_

VICE PRESIDENT:  
(two-year term) \_\_\_\_\_

SECRETARY/TREASURER:  
(two-year term) \_\_\_\_\_

OFFICIAL DIRECTOR:  
(two positions)  
(one-year term) \_\_\_\_\_

(two-year term) \_\_\_\_\_

FREELANCE DIRECTOR:  
(two positions)  
(one-year term) \_\_\_\_\_

(two-year term) \_\_\_\_\_

**Please submit your application/nomination form to  
HCRCA, P.O. Box 4681, Honolulu, HI 96812  
or email Secretary Cindy Smith at [R2csmiths@aol.com](mailto:R2csmiths@aol.com).**

HCRC  
P.O. Box 4681  
Honolulu, Hawai'i 96812